

And we're off

It's always better at the beach! That's what we at KBIA think anyway — even when it sprinkles. Today we begin Week 3, and so far this season we have had our share of wet weather. Many of our outdoor adventures are weather-dependent, and we have been forced to cancel a handful of classes because conditions were unsafe (such as thunder of lightening for outdoor activities). In such cases, our office staff makes every attempt to contact registered participants; they are also only a phone call away at (207) 967-2180. To learn more about our cancellation policy, please see Page 26 in our 2013 Registration Guide.

Now, sunny thoughts for the rest of this week, please!

Record 346 runners compete in road race

What a great day for a race! It was hot and hazy morning at the beach, but we still hosted a record 346 registered fun-runners and racers in our 22nd



annual "Day at the Beach" kids fun run and 5K race. Thank you to our many volunteers who made it all possible (they seemed to like those new volunteer t-shirts!) as well

as the many friends and family who turned out on the sidelines to cheer on the crowds. You helped us "Keep Calm and Run On!"

Following the race we enjoyed food and fellowship ... and trophies! For complete results, visit www.kbia. net. For a photo gallery of the event, see our facebook page.



Like our course? Nicole's Run, hosted on KBIA grounds and following our same 1K and 5K route, will be held Saturday, July 27. All funds raised will benefit Caring Unlimited, in memory of Kennebunk mother Nicole Oliver.

This week at KBIA

TWEEN NIGHT: Golf Vacationland Bowling, Saco. 6 to 8 PM Tuesday. \$22.

MOVIE NIGHT: "Cars 2" at Smith House, 7 to 9 PM Wednesday. \$7.

TEEN NIGHT: Beach Games & Bonfire, Mother's Beach. 6 to 8 PM Tuesday. \$24.

OPEN SAIL/KAYAK: 1 to 5 PM Saturday. Free and open to members.

Register for all events at the office or pay at the door for Movie Night.

LOOKING AHEAD: Back by popular demand, we will once again host G-Force Laser Tag at the beach on Tuesday, July 23! This will be a combined Teen/Tween Night (tweens vs. tweens, perhaps?) and we will need at least 30 pre-registered participants to make this possible. We will also need volunteers to help set up the course at 4 p.m. (we will provide dinner for all volunteers!)

Adult lap swim

The pool is the place to be for parents (and grandparents ... or anyone over age 15) for some summer swimming. Our pool is open weekday mornings from 7 to 8 AM to adults for morning lap swim. Fee is \$50 a week or \$200 for the summer.

Lost and found

Missing a towel, goggles or that special lunchbox? You might want to check our gray box located outside of Smith House, which is the smaller of our two buildings.

See what we have in store for you

Need a new coffee mug? Check out our new diner-style mugs, complete with the KBIA logo and burgee, now available in the KBIA store. We have also stocked the shelves with new blue plastic cups. And did you know our KBIA store is complete with everything (sand toys, flip-flops, bathing caps and more) you need for a day at the beach? We also have logo hats, long- and short-sleeved T-shirts, fleeces, umbrellas, sweatshirts, sweatpants and more. The store, located next to the office in Strong Cottage, is open during regular office hours.

